The articulation of Admiral Nursing, specialist dementia nursing practice:
A case study exploring the use of the PebblePad e-portfolio in professional nursing practice.

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Aims

Background to the implementation of Pebble Pad in Admiral Nursing
Competence in practice
Validation and revalidation of practice
Implementation plan
Plans for the future
A brief introduction to admiral nursing

- Provide specialist practical advice and emotional and psychological support for families
- Sharing knowledge and educating
- Case management
- Promoting best practice and consultancy
Articulating competence

Advanced Specialist

Enhanced Specialist

Specialist
Competency framework refresh

Commissioned academic refresh of the Admiral Nurse Competency Framework

- Three levels to evidence practice
- Competency Framework set within ATLAS
- Ability to identify a ‘critical companion’ and give access to relevant section for ‘sign off’
Validation of practice

Safe and effective practice in line with the Code

- **Confirmation**: provides assurance, increases support and engagement between nurses and midwives and their confirmed.
- **Professional Indemnity Arrangement**: is a legal requirement for all providing care.
- **Health and character**: satisfies the Registrar that you are capable of safe and effective practice.
- **Reflective discussion**: cultivates a sharing reflective culture that focuses on improvement.
- **Written reflective account**: helps you identify changes or improvements to make and become familiar with the Code.
- **Practice-related feedback**: helps you become more responsive to the needs of patients which will improve practice.
- **CPD**: reduces professional isolation through engagement while increasing skills and awareness.
- **Practice Hours**: helps you maintain safe and effective practice while keeping your skills up to date.
Requirements of revalidation

A minimum of 450 hours of practice
35 hours of CPD
5 pieces of practice related feedback
5 written reflective accounts
Reflective discussion with an NMC registrant (covering the 5 accounts)
Provide a health & character declaration
Declare you have professional indemnity
Demonstrate to an appropriate ‘confirmor’ that you have met all requirements
NMC Code
Themes of professional activity

Prioritise people
Practice effectively
Preserve safety
Promote profession- alism and trust

Public protection
The need

Professional portfolio development
Revalidation
Annual appraisal
Competency Framework
CV
The solution

The Solution

This presentation was prepared by The Product Stewardship Institute, an equal opportunity provider and employer.

23/09/2016 PebbleBash 2016
Familiarisation

Project plan
Steering group
Milestones
Integrate systems and processes
Gift all Admiral Nurses with Pebble Pad licences
Peripatetic sessions

GETTING USED TO THE IDEA...
Revalidation workbook

Task and finish group from Pebble Pad steering group
Develop a work book for revalidation
Mesh NMC requirements with those of Admiral Nursing Competency framework
Testing by IT lead and clinicians
NMC Revalidation workbook

Workbook to support Admiral Nurses with NMC revalidation

Overview

This workbook is designed to explain the NMC revalidation process and provides simple electronic templates and forms, based on Admiral Nurse practice, in order for you to prove that you have met the requirements.

You are not alone - there will be ongoing support to help you with using PebblePad as part of the revalidation process.

Workbook

The workbook is split into the following sections:

1. Revalidation with the NMC - a brief description of the overall revalidation process
2. Revalidation requirements - more details about the main requirements
3. Templates - links to the electronic templates for recording CPD, feedback and reflections
4. Revalidation evidence - show how you have met the revalidation requirements
5. Confirmation - to be completed as part of your confirmation discussion with your confirmers
Adding a reflection
Capita Conference - Improving Dementia Care

**Date(s)**
15 July 2016

**Type**
Conference

Upload evidence to prove that CPD has taken place
e.g. photo of certificate of attendance

Description of the topic and how it relates to practice
I both attended and spoke at the above conference. Other speakers included updates on innovative practice within dementia care, the lived experience of both people with dementia and their carers, public health implications and an update on integration of health and social care nationally.

I spoke alongside my colleague on the Admiral Nursing model, how this can be used to promote person centred planning for future care, teaching self management skills to families and what the outcomes of the approach are. This helped me to build on my public speaking experience which is an important part of my role as a consultant nurse.

How long did the training take place for?

<table>
<thead>
<tr>
<th>Number of hours</th>
<th>Number of participatory hours</th>
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Which part(s) of the NMC Code was this CPD relevant to?

- Practise effectively

Briefly describe how this reflection meets the part(s) of the Code you have selected
I was able to update myself on the most recent developments in terms of policy and evidence based approaches which will allow me to practise effectively.

Which of the Admiral Nurse competencies does this CPD relate to?

- Therapeutic Skills
- Sharing Knowledge
- Best Practice

Briefly describe how this CPD meets the competencies you have selected
Therapeutic skills - relates to being able to critique evidence based approaches and interventions some of which I have learnt about at this conference and will be able to bring back into my clinical work.
Sharing knowledge - presenting nationally re: Admiral Nursing.
Reflection on practice

Process through which nurses grow and mature as professionals

Strong emphasis on reflection within revalidation

Experience alone does not lead to learning – deliberate reflection needs

Introduced various models through academic module and revalidation workbook

Bespoke template developed
Reflection templates

Title
Please enter a title for this reflection

Date(s)
Add an optional date if this reflection refers to an action, event or experience

What?
Describe what it is you have thought, done or experienced

So What?
What have you learned from this? How does it relate to your overall learning or development?

Revalidation Priorities
Which of the revalidation priorities does this reflection relate to?
- Prioritise People
- Practice Effectively
- Preserve Safety
- Promote Professionalism and Trust

Admiral Nurse Competencies
Which of the competencies does this reflection relate to?
- Therapeutic work
- Sharing information about dementia and carer issues
- Advanced assessment skills
- Prioritising work
- Health promotion and prevention
- Ethical and person centred care
- Balancing the needs of the carer and the person with dementia
- Promoting best practice
Lessons learnt

Make life a simple as possible!
Nurses are very busy people so reduce overlap of requirements for CPD and revalidation as much as possible

Walk along side users as they familiarise themselves – do not expect up take with no effort!
Degree of scepticism to start with BUT
Seek ‘tall poppies’ as champions
Masters module has been hugely successful
Gifting e-portfolios was seen to be positive in nurses feeling valued
The future?

Provides a sound framework upon which to ‘hang’ various elements of professional and practice development

Develop a network of Pebble Pad ‘super users’ to help develop their peers

Maintain the Pebble Pad steering group to support learning and uptake

Develop a framework for accreditation of progression through the Competency framework

Use ATLAS to ‘host’ communities of practice and research discussion groups
Thank you for listening
References


